# EMPLOYEE BENEFITS GUIDE May 2022





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### WELCOME TO YOUR BENEFITS!

Cambridge Management, Inc. and Vaughn Bay Construction are proud to offer a robust benefits package to our employees and their families! Our benefits package is designed around choice, flexibility, and value.

To learn about the available plans and choose which ones are right for your lifestyle and budget, take a look at this Benefits Guide. Highlights of all the plans and some additional decision-making tools are available online too. If you have general questions on your benefits or how to enroll, reach out to Human Resources.

In addition, a Summary of Benefits and Coverage (SBC) is available on your Employee Self-Service portal to help you make your healthcare coverage choices. The SBC summarizes information about your medical plan options and is in a standard format required by the Affordable Care Act. A paper copy is also available, free of charge. Please contact Human Resources to request a copy.

### **BENEFITS PHILOSOPHY**

Cambridge Management, Inc. and Vaughn Bay Construction's benefits philosophy is to provide you and your family competitive benefits that are consistent within our local market and industry, while also managing costs for our employees and the company. Healthcare costs continue to rise and as a result, some of these costs need to be shared between employer and employee. Cambridge Management, Inc. and Vaughn Bay Construction's distribution of costs between employer and employee are competitive with both local and national markets.

Descriptions of each of the benefits offered can be found via Employee Self-Service.

### ELIGIBILITY

All regular full-time employees scheduled to work **30 or more hours each week** are eligible for benefits. Coverage will begin on the first of the month following 60 days of employment. Benefit selections made during the annual Open Enrollment period will be effective on May 1st. You may enroll your eligible dependents for medical, dental, and vision, voluntary life, and voluntary UNUM products. They are also eligible to receive Employee Assistance Program (EAP) services. Your eligible dependents include:

- Your legal spouse or domestic partner
- Your children up to age 26
- Any overage dependent child who is incapable of self-support because of a physical or mental disability and meets carrier requirements for coverage

#### MAKING CHANGES TO YOUR BENEFITS

You may make changes to your benefits once a year during Open Enrollment. All benefits you select will be effective for a full plan year, unless you have a "qualified change in status" or are no longer eligible under the plan (e.g. leave employment). Because many of your benefits are available on a pre-tax basis, the IRS requires you to have a qualified change in status in order to make changes to your benefit elections during the year.

If you have a qualified change in status, you can make changes to your benefits by contacting Human Resources within 60 days of the change.

#### QUALIFIED CHANGE IN STATUS EXAMPLES

- Birth or adoption of a child
- Loss of your or a dependent's coverage under another plan
- Change in marital status

The change to your benefits must be consistent with the qualified change in status. For example, if you have a new baby, you can enroll the child as a dependent under your current health plan, but you may not remove another dependent who is already covered. To determine if your situation allows you to make changes to your benefits, please contact Human Resources or a Gallagher Benefit Advocate.

#### **IMPORTANT:**

If you (and/or your dependents) have Medicare or will become eligible for Medicare in the next 12 months, federal law gives you more choices about your prescription drug coverage. Please see page 25 for more details.

### NEW HIRE ENROLLMENT OVERVIEW

For newly eligible employees. Please follow the steps below to choose your benefits and enroll.

#### **BENEFIT PLANS**

- Medical insurance covering a broad network of doctors and prescriptions
- Dental insurance
- Vision insurance
- Life and accidental death & dismemberment insurance
- Long term disability insurance
- Voluntary short term disability (excludes WA and CA), life and accidental death & dismemberment insurance
- Voluntary accident, hospital indemnity and critical illness
- Employee Assistance Program (EAP)

#### PREPARE EVERYTHING YOU WILL NEED

- Social Security numbers for you and any family members whom you want to cover
- Dates of birth for your family members
- ID cards for any other medical plans under which you or your family members are covered

#### QUESTIONS

Do you have questions about understanding what benefits are offered or how to enroll?

Contact Human Resources: 253.534.7200 Cambridge Management: hr@cmiweb.net Vaughn Bay Construction: hr@vaughnbay.net

Or

### Contact a Benefit Advocate

(a service provided by Gallagher). You can reach a Benefit Advocate at: bac.cambridgeproperty@ajg.com or by phone: 833.330.9503, 8:00 a.m. - 6:00 p.m. PT Monday - Friday

#### **CHOOSE YOUR BENEFITS**

Take the time to review the benefit outlines in this Guide and the Summary of Benefits and Coverage from the insurance company. This will help you understand the plans and how they will fit your lifestyle and budget. To make sure your family doctor and dentist are covered by the plans you have chosen, check the Provider Directory online or call customer service (see "Your Benefits Contacts" toward the back of this Guide).

#### COMPLETE YOUR ENROLLMENT

- Cambridge Management, Inc. employees will be required to complete their enrollment online via Employee Self-Service. For changes due to a qualifying event, a paper enrollment form is required.
- Vaughn Bay Construction employees will be required to complete their enrollment via paper enrollment forms.

Please contact Human Resources if you have any question regarding Employee Self-Service or if you need enrollment forms.

#### IMPORTANT

Enrollment timeline may vary in certain situations. See "Special Enrollment Rights" on page 22.

#### YOU ARE DONE!

### **OPEN ENROLLMENT OVERVIEW**

#### For employees already enrolled.

Open Enrollment is your only opportunity to make changes to your benefits for the year unless you have specific life events, such as:

- Birth or adoption of a child
- You, your spouse or a dependent loses coverage under another group plan
- Change in marital status

#### COMPLETE YOUR ENROLLMENT

You may make changes to your benefits once a year during Open Enrollment. All benefits you select will be effective for a full plan year, unless you have a "qualified change in status" or are no longer eligible under the plan (e.g. leave employment). Many of your benefits are available on a pre-tax basis, therefore, the IRS requires you to have a qualified change in status in order to make changes to your benefit elections during the year.

If you have a qualified change in status, you can make changes to your benefits by contacting Human Resources within 60 days of the change. The change to your benefits must be consistent with the qualified change in status. For example, if you have a new baby, you can enroll the child as a dependent under your current health plan, but you may not remove another dependent who is already covered. To determine if your situation allows you to make changes to your benefits, please contact Human Resources or a Gallagher Benefit Advocate.

To make changes outside of Open Enrollment, you will be required to complete an enrollment form which can be obtained from Human Resources.

#### HOW DO I WAIVE COVERAGE

Cambridge Management, Inc. Employees: If you wish to waive any of the Medical/Rx, Dental, and/or Vision benefits, you must waive benefits via Employee Self-Service.

Vaughn Bay Construction Employees: If you wish to waive any of the Medical/Rx, Dental, and/or Vision benefits, you must complete the paper enrollment/change forms.

IMPORTANT

Enrollment timeline may vary in certain situations. See "Special Enrollment Rights" on page 22.

### **BENEFIT COSTS**

Cambridge Management, Inc. and Vaughn Bay Construction cover the greater portion of you and your dependent's medical, dental, and vision premiums. Your basic life insurance coverage, long-term disability benefits and Employee Assistance Plan (EAP) are 100% paid for by the company. This table shows how much of the premiums are paid by the company and what part is your responsibility.

|                                | Monthly Cost       | Medical Base<br>PPO Plan | Medical Buy-<br>Up PPO Plan | Medical HDHP<br>HSA Plan | Medical HNO<br>Florida Only<br>Plan | Dental   | Vision  |
|--------------------------------|--------------------|--------------------------|-----------------------------|--------------------------|-------------------------------------|----------|---------|
| Employee<br>only               | Total Monthly Cost | \$666.05                 | \$806.06                    | \$599.44                 | \$581.80                            | \$33.19  | \$4.83  |
|                                | Employer Pays      | \$606.05                 | \$633.06                    | \$599.44                 | \$581.80                            | \$23.19  | \$2.83  |
|                                | Your Monthly Cost  | \$60.00                  | \$173.00                    | \$0.00                   | \$0.00                              | \$10.00  | \$2.00  |
| Employee<br>plus Spouse        | Total Monthly Cost | \$1,647.89               | \$1,994.48                  | \$1,483.11               | \$1,439.58                          | \$67.47  | \$7.73  |
|                                | Employer Pays      | \$1,145.44               | \$1,212.30                  | \$1,113.66               | \$1,105.26                          | \$23.19  | \$2.83  |
|                                | Your Monthly Cost  | \$502.45                 | \$782.18                    | \$369.45                 | \$334.32                            | \$44.28  | \$4.90  |
| Employee<br>plus<br>Child(ren) | Total Monthly Cost | \$1,327.14               | \$1,606.25                  | \$1,194.43               | \$1,159.37                          | \$73.53  | \$7.88  |
|                                | Employer Pays      | \$1,083.57               | \$1,137.41                  | \$1,057.97               | \$1,051.21                          | \$23.19  | \$2.83  |
|                                | Your Monthly Cost  | \$243.57                 | \$468.84                    | \$136.46                 | \$108.16                            | \$50.34  | \$5.05  |
| Employee<br>plus Family        | Total Monthly Cost | \$2,302.31               | \$2,786.39                  | \$2,072.08               | \$2,011.78                          | \$123.20 | \$12.72 |
|                                | Employer Pays      | \$1,271.68               | \$1,365.06                  | \$1,227.27               | \$1,215.64                          | \$23.19  | \$2.83  |
|                                | Your Monthly Cost  | \$1,030.63               | \$1,421.33                  | \$844.81                 | \$796.14                            | \$100.01 | \$9.89  |

Costs for coverage of domestic partners and their children might not be deducted on a pre-tax basis. If your domestic partner is not an eligible tax dependent as defined in Section 152 of the Internal Revenue Code, then a portion of your contribution will be deducted after-tax and the company's contribution for domestic partner coverage will be taxable income to you and reported as imputed income on your paycheck. For more information, please contact Human Resources.

Cambridge Management, Inc. and Vaughn Bay Construction offers you four medical plans through Aetna. The plans provides excellent coverage of preventive services, such as routine physical exams and immunizations that are very important to you and your family's health. Prescription drug benefits are also included with the medical plan.

### MEDICAL BENEFITS – PLAN HIGHLIGHTS



Cambridge Management, Inc. and Vaughn Bay Construction are pleased to provide you a medical and prescription drug plan administered by Aetna. The chart below provides a brief overview of the benefits available to you. Please refer to the plan summaries for more detail. Visit **www.aetna.com** to search for a provider.

#### Base and Buy-Up Plan: Select Aetna Standard Plans then select Open Choice PPO.

|  | Base F         | Base PPO Plan          |                        | Buy-Up PPO Plan      |  |  |
|--|----------------|------------------------|------------------------|----------------------|--|--|
| PCY = Per Calendar Year<br>(January 1-December 31) | In-Network     | Out-of-Network         | In-Network             | Out-of-Network       |  |  |
| Annual Deductible                                  | \$5,000/       | \$10,000/              | \$2,000/               | \$4,000/             |  |  |
| (Individual/Family)                                | \$10,000       | \$20,000               | \$4,000                | \$8,000              |  |  |
| What You Pay                                       | 30%            | 50%                    | 20%                    | 50%                  |  |  |
| Annual Out-of-Pocket Maximum                       | \$7,900/       | \$20,000/              | \$6,350/               | \$20,000/            |  |  |
| (Individual/Family)*                               | \$15,800       | \$40,000               | \$12,700               | \$40,000             |  |  |
| Preventive Care                                    | No charge      | 50% after deductible   | No charge              | 50% after deductible |  |  |
| Office Visit                                       | \$35 per visit | 50% after deductible   | \$20 per visit         | 50% after deductible |  |  |
| Specialist Visit                                   | \$35 per visit | 50% after deductible   | \$20 per visit         | 50% after deductible |  |  |
| Telemedicine                                       | \$35           | per visit              | \$20 j                 | oer visit            |  |  |
| Mental Health                                      | \$35 per visit | 50% after deductible   | \$20 per visit         | 50% after deductible |  |  |
| Basic Lab & Imaging                                | 30%            | 50% after deductible   | 20%                    | 50% after deductible |  |  |
| Complex Lab & Imaging                              | 30% after      | 50% after              | 20%                    | 50% after            |  |  |
| Complex Lab & Imaging                              | deductible     | deductible             |                        | deductible           |  |  |
| Surgery  | 30% after 50%  |                        | 20% after              | 50% after            |  |  |
| Cargory  | deductible     | deductible             | deductible             | deductible           |  |  |
| Rehabilitation                                     | \$35 per visit | 50% after deductible   | \$20 per visit         | 50% after deductible |  |  |
|  | 45 visits co   | mbined PCY             | 45 visits combined PCY |                      |  |  |
| Chiropractic Care                                  | \$35 per visit | 50% after deductible   | \$20 per visit         | 50% after deductible |  |  |
|  | 12 visits co   | mbined PCY             | 12 visits co           | ombined PCY          |  |  |
| Acupuncture  | \$35 per visit | 50% after deductible   | \$20 per visit         | 50% after deductible |  |  |
|  | 12 visits co   | 12 visits combined PCY |                        | ombined PCY          |  |  |
| Urgent Care  | \$35 per visit | 50% after deductible   | \$20 per visit         | 50% after deductible |  |  |
| Emergency Room<br>(copay waived if admitted)       | \$200 co       | \$200 copay + 30%      |                        | pay + 20%            |  |  |
| Inpatient Hospitalization                          | 30% after      | 50% after              | 20% after              | 50% after            |  |  |
|  | deductible     | deductible             | deductible             | deductible           |  |  |

\*Until the family out-of-pocket maximum is reached, each person enrolled in the plan to meet their own individual maximum

Limitations: This benefit outline is for illustrative purposes only. Actual claims paid are subject to maximum allowable charge, frequencies, age limitations, terms and conditions of the contract.

Note: Covered expenses accumulate separately towards in-network/out-of-network deductibles and out-of-pocket maximums.

### MEDICAL BENEFITS – PLAN HIGHLIGHTS



Cambridge Management, Inc. and Vaughn Bay Construction are pleased to provide you a medical and prescription drug plan administered by Aetna. The chart below provides a brief overview of the benefits available to you. Please refer to the plan summaries for more detail. To search for a provider go to Aetna.com.

#### HNO Plan: select Aetna Open Access Plans, then select Aetna Health Network Only (Open Access).

#### HSA Plan: select Aetna Standard Plans then select Open Choice PPO.

|  | Florida HNO Plan         | HS                   | A Plan         |
|--|--------------------------|----------------------|----------------|
| PCY = Per Calendar Year<br>(January 1-December 31) | In-Network               | In-Network           | Out-of-Network |
| Annual Deductible                                  | \$5,000/                 | \$5,000/             | \$10,000/      |
| (Individual/Family)                                | \$10,000                 | \$10,000             | \$20,000       |
| What You Pay                                       | 30%                      | 20%                  | 50%            |
| Annual Out-of-Pocket Maximum                       | \$7,900/                 | \$7,000/             | \$20,000/      |
| (Individual/Family)*                               | \$15,800                 | \$14,000             | \$40,000       |
| Preventive Care                                    | No charge                | No charge            | Not covered    |
|  | <b>*•••••••••••••</b>    | 20% after            | 50% after      |
| Office Visit                                       | \$35 per visit           | deductible           | deductible     |
| Specialist Visit                                   | ¢25 por visit            | 20% after            | 50% after      |
| Specialist Visit                                   | \$35 per visit           | deductible           | deductible     |
| Telemedicine                                       | \$35 per visit           | 20% after            | 50% after      |
| Telemedicine                                       | \$35 per visit           | deductible           | deductible     |
| Mental Health                                      | \$35 per visit           | 20% after            | 50% after      |
|  | \$35 per visit           | deductible           | deductible     |
| Basic Lab & Imaging                                | 30%                      | 20% after            | 50% after      |
| Dasie Lab & imaging                                |                          | deductible           | deductible     |
| Complex Lab & Imaging                              | 30% after deductible     | 20% after            | 50% after      |
| Complex Lab & imaging                              |                          | deductible           | deductible     |
| Surgery 30% after deductible                       | 30% after deductible     | 20% after            | 50% after      |
|  |                          | deductible           | deductible     |
| Rehabilitation                                     | \$35 per visit           | 20% after            | 50% after      |
|  | ·                        | deductible           | deductible     |
|  | 60 visits combined PCY   |                      | ombined PCY    |
| Chiropractic Care                                  | \$35 per visit           | 20% after            | 50% after      |
|  | ·                        | deductible           | deductible     |
|  | 20 visits combined PCY   |                      | ombined PCY    |
| Acupuncture  | \$20 per visit           | 20% after            | 50% after      |
| Acupuncture  | φ20 per visit            | deductible           | deductible     |
|  | 12 visits combined PCY   | 12 visits co         | ombined PCY    |
| Urgent Care  | $f^{25}$ por visit + 20% | 20% after            | 50% after      |
|  | \$35 per visit + 30%     | deductible           | deductible     |
| Emergency Room<br>(copay waived if admitted)       | \$200 copay + 30%        | 20% after deductible |                |
| Innotiont Lippoitalization                         | 200/ offer deductible    | 20% after            | 50% after      |
| Inpatient Hospitalization                          | 30% after deductible     | deductible           | deductible     |

\*Until the family out-of-pocket maximum is reached, each person enrolled in the plan has to meet their own individual maximum

Limitations: This benefit outline is for illustrative purposes only. Actual claims paid are subject to maximum allowable charge, frequencies, age limitations, terms and conditions of the contract.

Note: Covered expenses accumulate separately towards in-network/out-of-network deductibles and out-of-pocket maximums.

### MEDICAL BENEFITS – RESOURCES



#### **AETNA HEALTH APP AND AETNA WEBSITE**



- View your health plans summary and get detailed information about what's covered
- View claims
- Search for providers
- Get cost estimates
- Access your ID card

#### NURSE LINE - GET ANSWERS TO YOUR QUESTIONS - 24/7

Call Aetna's Informed Healthline at 800.556.1555 anytime to get help for you and others on your Aetna plan. You can talk to a nurse about a variety of topics. You can also ask about ways to manage a current health problem.

#### **AETNA WELLNESS INFORMATION**

Your Aetna plan gives you access to many perks to help you achieve your health and wellness goals. To get started, log into your account on the member website at Aetna.com.

On the site you will find:

- · Ways to improve your overall health
- Answers to your health care questions
- Discounts on products and services
- Take the online health assessment to understand your health needs
- Set health goals based on your results
- Choose an online health coaching journey that targets your goals, like eating healthier and sleeping better

#### **DISCOUNTS PROGRAMS:**

- At-home products
- Fitness and weight management services
- Hearing and vision care
- Dental health care

TEL ADOC

• Natural products and services (acupuncture, chiropractic, massage and nutrition).

Log in to your member website at Aetna.com.

### We all have times

#### AETNA VIRTUAL HEALTH - TELADOC®

We all have times when we need to see a provider, but it's inconvenient. You and your eligible dependents can use Teladoc to get treated by doctors by phone or online video, so you have immediate and convenient access to care whenever and wherever you need it.

Common conditions a Teladoc physician can help you handle include sinus problems, allergies, cold and flu symptoms and many other non-emergency illnesses. Your health plan deductible and office visit copays and coinsurance apply, same as seeing your regular doctor.

Visit the Teladoc website at: https://member.teladoc.com/aetna. Click "Set Up Account", and provide the required information in the "My Medical History" tab. You can also call Teladoc at 855.835.2362. After you set up your account, a Teladoc doctor is just a call or click away anytime you need medical care.

On the go? Download the Teladoc mobile app to request a visit anytime.



### PRESCRIPTION DRUG BENEFITS



Your medical insurance includes comprehensive prescription drug coverage. The level of coverage depends on whether the drug is preferred generic, preferred brand-name, non-preferred, and whether it is on the Aetna Formulary. Your out-of-pocket cost is the lowest when you buy generic drugs, and highest when you buy non-preferred drugs that are not on the formulary. To find out if your medication is on the formulary, please check the online list at **Aetna.com** and search under **Advanced Control Plan**.

|   | Base Plan   | Buy-Up Plan  |
|---|---|--|
| Retail Pharmacy - up to 30-day supply   | At Participating Pharmacies Only<br>(deductible waived) | At Participating Pharmacies Only<br>(deductible waived for generics, otherwise<br>deductible is \$100 Individual / \$200 Family) |
| Preferred Generic<br>Preferred Brand<br>Non-Preferred Generic and Brand<br>Preferred Specialty<br>Non-Preferred Specialty | \$15<br>\$30<br>30%<br>\$50<br>30%                      | \$15<br>\$35<br>\$60<br>Covered at applicable generic/brand copay<br>Covered at applicable generic/brand copay                   |
| Mail Order - up to 90-day supply  | 2.5 x retail copay<br>(Specialty not included)          | 2 x retail copay<br>(Specialty not included)   |

|  | HSA Plan   | Florida HNO Plan  |
|--|--|---|
| Retail Pharmacy - up to 30-day supply<br>Preferred Generic<br>Preferred Brand<br>Non-Preferred Generic and Brand<br>Preferred Specialty<br>Non-Preferred Specialty | At Participating Pharmacies Only<br>(Medical deductible applies)<br>\$15<br>\$30<br>30%<br>\$50<br>30% | At Participating Pharmacies Only<br>(deductible waived)<br>\$15<br>\$30<br>30%<br>\$50<br>30% |
| Mail Order - up to 90-day supply   | 2 x retail copay<br>(Specialty not included)   | 2.5 x retail copay<br>(Specialty not included)  |

#### IMPORTANT

If you are prescribed a brand name drug when a generic equivalent is available, you will be charged the brand name copay, plus the difference in cost between the brand name and generic drug.

Specialty drugs are only available through a specialty pharmacy. You will be notified of the refill procedure if you are taking one of these drugs.

### HEALTH SAVINGS ACCOUNT (HSA)

#### WHAT IS AN HSA?

If you enroll in Cambridge Management, Inc. and Vaughn Bay Construction's High Deductible Health Plan (HDHP), then you may be eligible to open an HSA. An HSA is a bank account where you can set aside money to pay for expenses that your health plan does not cover. The money in your HSA is not considered income, so it is not subject to taxes.

#### HOW DOES AN HSA WORK?



You can use the money in your HSA at any time to pay for eligible medical expenses. When you visit a provider, no copay is required at the time of service. The provider will submit a claim to your health plan for the services you

## PAYFLEX®

#### CONTRIBUTIONS

Cambridge Management, Inc. and Vaughn Bay Construction contribute \$50 per pay period to a maximum of \$600 per year into your HSA. You can also add your own tax-free contributions.

Together, your contributions and your employer contributions cannot exceed \$3,650 (individual) or \$7,300 (family) in 2022.

For individuals age 55 or older, an additional \$1,000 in "catch-up" contributions are allowed for 2022.

Your money rolls over every year. There is no "use it or lose it" rule.

received. Your health plan will then send you an Explanation of Benefits (EOB) outlining the negotiated/allowed charges. The provider will then send you an invoice reflecting the allowed charges. Make sure the amount matches the EOB sent to you by your health plan. You can then pay the invoice with money from your HSA (either your HSA debit card or as a reimbursement to you). Remember to keep your receipts, in case the IRS requests them.

#### WHO CAN OPEN AN HSA?

You are eligible to open and contribute to an HSA if you meet the following requirements:

- You must be covered by a qualified high-deductible health plan.
- You must **not** be enrolled in or covered by Medicare or Tricare.
- You must **not** be covered by your own or a spouse's general Flexible Spending Account (FSA), Health Reimbursement Arrangement (HRA) or any other non HSA-qualified health plan.
- You must **not** be claimed as a tax dependent on another person's taxes.
- You have **not** received any Veteran's Administration health benefits for a non-service connected disability in the last three months.
- You have **not** used Indian Health Services coverage in the last three months.

#### RESOURCES

Download Payflex Mobile Application, visit Payflex.com, or call 844.729.3539

- View account balance, account alerts, claims and transaction history
- Submit a new claim
- Upload claim documentation

The intent of this information is to provide general information about HSA regulations. It is not intended to address specific situations or provide tax advice. Questions regarding specific issues should be discussed with a tax advisor.

#### HSAs AND DOMESTIC PARTNERS

Domestic partners are eligible to be enrolled in an HDHP plan, however distributions from the HSA are only allowed if your domestic partner is an IRS qualified tax dependent. Consult your tax advisor for details.

### **DENTAL BENEFITS**

Cambridge Management, Inc. and Vaughn Bay Construction are pleased to provide you a dental plan administered by Aetna. The chart below provides a brief overview of the benefits available to you. Please refer to the plan summaries for more detail.

When searching for an in-network dentist search for Dental PPO/PDN with PPOII network. Please see the information in "Your Benefits Contacts" toward the back of this guide.



#### USUAL, CUSTOMARY & REASONABLE

Benefits are paid at the negotiated fee level for in-network providers. Benefits for services from out-of-network providers will be paid at the 90th percentile of the amount charged by the majority of dentists in the area.

|   | In-Network                          | Out-of-Network       |  |
|---|-------------------------------------|----------------------|--|
| Annual Deductible<br>(waived for Preventive & Diagnostic) | \$50 per person<br>\$150 per family |                      |  |
| Annual Benefit Maximum                                    | \$2,000 pe                          | er person            |  |
| Waiting Period  | No                                  | ne                   |  |
| Services  |                                     |                      |  |
| Preventive & Diagnostic                                   | No charge                           | No charge            |  |
| Basic   | 20% after deductible                | 20% after deductible |  |
| Major   | 50% after deductible                | 50% after deductible |  |
| Periodontics  | Covered under basic                 |                      |  |
| Endodontics   | Covered under basic                 |                      |  |
| Implants  | Covered under major                 |                      |  |
| Orthodontia (Children only – placed before age 20)        |                                     |                      |  |
| Services  | 20%                                 | 20%                  |  |
| Lifetime Benefit Maximum                                  | \$2,000 per person                  |                      |  |

**Limitations:** This benefit outline is for illustrative purposes only. Actual claims paid are subject to maximum allowable charge, frequencies, age limitations, terms, and conditions of the contract.

### **VISION BENEFITS**



Cambridge Management, Inc. and Vaughn Bay Construction are pleased to provide you a vision plan through EyeMed that offers coverage for routine eye exams and prescription glasses or contacts. You can visit any licensed provider. Visit **www.eyemed.com** to find a provider near you, and for more details on your coverage and exclusive savings and promotions for EyeMed members.

|   | Insight Network  | Out-of-Network<br>Reimbursed |  |
|---|--|------------------------------|--|
| Routine Exam                                      | \$10 per visit   | Up to \$40                   |  |
| Lenses  |  |                              |  |
| Single Vision                                     | \$25   | Up to \$30                   |  |
| Lined Bifocals                                    | \$25   | Up to \$50                   |  |
| Lined Trifocals                                   | \$25   | Up to \$70                   |  |
| Frames  | \$150 allowance then 20%<br>discount                               | Up to \$105                  |  |
| Contact Lenses<br>(in lieu of eyeglasses)         |  |                              |  |
| Fitting and Evaluation                            | Standard*: up to \$40 copay<br>Premium*: 10% discount              | Not covered                  |  |
| Elective Contacts – Conventional                  | \$0 copay; \$150 allowance, then 15% discount over \$150 allowance |                              |  |
| Elective Contacts - Disposable                    | \$0 copay; \$150 allowance (no discount over allowance)            |                              |  |
| <b>Frequency</b><br>(Exam/Lenses/Frames/Contacts) | 12/12/24/12 months   |                              |  |

\*Standard Contact Lens Fit: Routine applications of soft, spherical (astigmatism less than .75D), daily wear contact lenses for single vision prescriptions. Does not include extended/overnight wear.

\*Premium Contact Lens Fit: More complex applications, including, but not limited to toric (astigmatism .75D or higher), bifocal/multifocal, cosmetic color, post-surgical and gas permeable. Does include extended/overnight wear for any prescription.

If you purchase oversize lenses or have anything "special" done to your lenses (i.e., tinting, scratch guard, etc.), you will be responsible for this cost.

Note: Frequency begins with first date of service.

### LIFE & DISABILITY BENEFITS

### BASIC LIFE AND ACCIDENTAL DEATH AND DISMEMBERMENT (AD&D) INSURANCE

To help employees protect their family's standard of living in the event of a death, the company provides employer paid life and accident insurance coverage.

|                     | Life/AD&D                           |
|---------------------|-------------------------------------|
| Benefit Amount      |                                     |
| On-Site Employees   | \$25,000                            |
| Corporate Employees | 1x annual salary up to<br>\$150,000 |
| Benefits Reduce To: | 65% at age 70;<br>50% at age 75     |

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#### WHEN YOU FIRST ENROLL

When you first enroll in life insurance benefits, you will need to designate a beneficiary who would receive the benefits in the event of your death. You may change or update your beneficiary at any time.

#### TAXES

Employers who pay for employees' group life insurance must tax them on the cost of insurance for amounts exceeding \$50,000.

#### LONG-TERM DISABILITY (LTD) COVERAGE

Cambridge Management, Inc. and Vaughn Bay Construction provide employer paid long-term disability coverage to protect an employee's income in the event of a disability.

|                          | Long-Term Disability   |  |
|--------------------------|--|--|
| Monthly Benefit Amount   | 60% of base monthly earnings   |  |
| Maximum Monthly Benefit  | \$7,500  |  |
| Elimination Period       | 90 days  |  |
| Benefit Duration         | Social Security Normal Retirement Age (SSNRA)  |  |
| Definition of Disability | Employee is limited from performing the material and substantial duti<br>their regular occupation due to sickness or injury and they have a 20<br>more loss in monthly earnings due to the same sickness or injury |  |

### VOLUNTARY LIFE/AD&D BENEFITS



You have the option to purchase life insurance coverage through UNUM. Because these policies are paid by you through payroll deductions, you have the option to keep your policy regardless of job changes by continuing to pay the premiums. If interested in any of these products, please contact Human Resources for additional information.

| Voluntary Life – Benefit Outline                     |   |  |  |  |
|--|---|--|--|--|
| Benefit Options                                      |   |  |  |  |
| Employee   | \$10,000 Increments                     |  |  |  |
| Spouse   | \$5,000 Increments                      |  |  |  |
| Children   |   |  |  |  |
| Live Birth to 6 Months                               | \$1,000                                 |  |  |  |
| 6 Months to Age 19, or Age 26 if a Full Time Student | \$2,000 Increments                      |  |  |  |
| Benefit Maximums                                     |   |  |  |  |
| Employee   | Lesser of 5x annual salary or \$500,000 |  |  |  |
| Spouse   | Up to full employee amount              |  |  |  |
| Children   |   |  |  |  |
| Live Birth to 6 Months                               | \$1,000                                 |  |  |  |
| 6 Months to Age 19, or Age 26 if a Full Time Student | \$10,000                                |  |  |  |
| Guarantee Issue                                      | \$150,000                               |  |  |  |
| Employee   | \$150,000<br>\$25,000                   |  |  |  |
| Spouse   | \$23,000                                |  |  |  |
| Children   | φ10,000                                 |  |  |  |
| Benefits Reduce To:                                  | 65% at age 70;                          |  |  |  |
|  | 50% at age 75                           |  |  |  |
| Waiver of Premium                                    | Included                                |  |  |  |
| Portability  | Included                                |  |  |  |

|                                  | Voluntary Life – Monthly Cost Outline |                               |  |  |  |
|----------------------------------|---------------------------------------|-------------------------------|--|--|--|
| Age                              | Employee Rates<br>(Per \$10,000)      | Spouse Rates<br>(Per \$5,000) |  |  |  |
| < 25                             | \$0.400                               | \$0.300                       |  |  |  |
| 25-29                            | \$0.440                               | \$0.325                       |  |  |  |
| 30-34                            | \$0.590                               | \$0.435                       |  |  |  |
| 35-39                            | \$0.880                               | \$0.625                       |  |  |  |
| 40-44                            | \$1.330                               | \$0.945                       |  |  |  |
| 45-49                            | \$2.080                               | \$1.470                       |  |  |  |
| 50-54                            | \$3.060                               | \$2.185                       |  |  |  |
| 55-59                            | \$4.380                               | \$3.225                       |  |  |  |
| 60-64                            | \$5.630                               | \$4.470                       |  |  |  |
| 65-69                            | \$8.010                               | \$6.365                       |  |  |  |
| 70-74                            | \$15.160                              | \$12.040                      |  |  |  |
| 75 +                             | \$46.840                              | \$37.225                      |  |  |  |
| Child(ren) Rate<br>(Per \$2,000) | \$                                    | 60.790                        |  |  |  |

| Voluntary AD&D – Monthly Cost Outline |         |  |  |
|---------------------------------------|---------|--|--|
| Employee Per \$10,000 \$0.352         |         |  |  |
| Spouse Per \$5,000                    | \$0.185 |  |  |
| Child(ren) Per \$2,000 \$0.074        |         |  |  |

### VOLUNTARY SHORT-TERM DISABILITY BENEFITS



You have the option to purchase disability insurance coverage through UNUM. Although this is a voluntary benefit, coverage under this plan will end on the last day of active employment, unless the absence is due to a covered layoff or leave of absence. If interested in this product, please contact Human Resources for additional information.

#### \*Please note that Short Term Disability does not apply to Washington and California employees

| Voluntary Short Term Disability (excludes WA and CA) – Benefit Outline |   |  |  |
|--|---|--|--|
| Description  | This disability plan provides financial protection for employees by paying a portion of your income while disabled. |  |  |
| Weekly Benefit Percentage of Weekly<br>Earnings                        | 60%   |  |  |
| Maximum Weekly Benefit   | \$1,500   |  |  |
| Minimum Weekly Benefit   | \$25  |  |  |
| Elimination Period   | 14 Days - Injury<br>14 Days - Sickness  |  |  |
| Pre-Existing Condition Limitation                                      | 3/12  |  |  |
| Duration of Benefits   | 11 Weeks  |  |  |

| Voluntary Short Term Disability – Monthly Cost Outline |                         |  |  |
|--|-------------------------|--|--|
| Age  | Rate Per \$10 of Volume |  |  |
| < 25   | \$0.259                 |  |  |
| 25-29  | \$0.545                 |  |  |
| 30-34  | \$0.769                 |  |  |
| 35-39  | \$0.525                 |  |  |
| 40-44  | \$0.346                 |  |  |
| 45-49  | \$0.337                 |  |  |
| 50-54  | \$0.417                 |  |  |
| 55-59  | \$0.545                 |  |  |
| 60-64  | \$0.705                 |  |  |
| 65 +   | \$0.854                 |  |  |

| Calculate your cost     |                       |                            |  |
|-------------------------|-----------------------|----------------------------|--|
| 1. Calculate your week  | ly disability benefit |                            |  |
| \$                      | /52 = \$              | X 60%                      | = \$   |
| Your annual earnings    | Your weekly earnings  | Max % of income<br>covered | Max weekly benefit available (if this amount excess the plan max of \$1,500, enter \$1,500). |
| 2. Calculate your cost  | per month             |                            |  |
| \$                      | /10 = \$              | Х                          | = \$   |
| Your weekly benefit amo | unt                   | Your rate                  | Your monthly cost  |

### **VOLUNTARY BENEFITS**



The Voluntary critical illness, accident, and hospital plans provide financial assistance to

enhance your current coverage. While major medical insurance covers a lot, these voluntary plans can be used towards your medical out of pocket expenses or everyday bills like rent or mortgage, utilities, and groceries—to help you stay-up-to-speed while recovering. These plans may be able to help you avoid dipping into savings or having to borrow to pay for those out-of-pocket-expenses. These options are all offered alcarte as voluntary, employee paid options.

#### **VOLUNTARY LUMP SUM CRITICAL ILLNESS**

Critical Illness provides an affordable option for easing the financial burden that can come with a serious illness. While there are no pre-existing conditions limitations to enroll in this plan, there are limitations on benefits payable. Benefits are only payable when diagnosis occurs after the effective/enrollment date.

| Critical Illness – Benefits Outline   |                                      |  |  |
|---|--------------------------------------|--|--|
| Employee BenefitYou can choose \$10,000, \$15,0<br>\$20,000 benefit options |                                      |  |  |
| Spouse/Domestic Partner<br>Benefits   | 50% of employee coverage amount      |  |  |
| Re-Occurrence Benefit   | 100% after 180 days of re-occurrence |  |  |
| Portability   | Included                             |  |  |
| Benefit For Covered<br>Conditions   | Initial Benefit                      |  |  |
| Coronary Artery Disease<br>(Major/Minor)                                    | 50% / 10%                            |  |  |
| Kidney Failure<br>Heart Attack<br>Major Organ Transplant<br>Stroke          | 100%<br>100%<br>100%<br>100%         |  |  |
| Dementia (including<br>Alzheimer's Disease)                                 | 100%                                 |  |  |
| Invasive Cancer   | 100%                                 |  |  |
| Non-Invasive Cancer<br>Skin Cancer  |                                      |  |  |

| Age Band | Employee or Spouse/DP *<br>Monthly Rates per \$1,000 |  |  |
|----------|--|--|--|
| <25      | \$0.12   |  |  |
| 25 – 29  | \$0.18   |  |  |
| 30 - 34  | \$0.26   |  |  |
| 35 – 39  | \$0.37   |  |  |
| 40 - 44  | \$0.54   |  |  |
| 45 – 49  | \$0.77   |  |  |
| 50 – 54  | \$1.10   |  |  |
| 55 – 59  | \$1.55   |  |  |
| 60 - 64  | \$2.25   |  |  |
| 65 – 69  | \$3.30   |  |  |
| 70 – 74  | \$4.98   |  |  |
| 75 – 79  | \$6.95   |  |  |
| 80 - 84  | \$9.21   |  |  |
| 85+      | \$13.55  |  |  |

\*Employee and spouse/domestic partner premiums are calculated with the individual enrolling of employee or individual enrolling age as of spouse as the effective date of the plan. Rates are adjusted once each year on the plan anniversary date that coincides with or follows the day an employee or spouse reaches the starting age of the next age band.

†Child insurance is automatic when employee enrolls. A separate premium is not required. Your eligible Dependent child(ren) is covered for 50% of the employee CI coverage amount Sum.

| Calculate your cost  | t               |            |                  |   |           |   |                   |  |
|----------------------|-----------------|------------|------------------|---|-----------|---|-------------------|--|
| Calculate your Criti | ical Illness Pr | emiums -   | - Age 40 Example |   |           |   |                   |  |
| \$ 10,000            | / 1,000         | =          | 10               | Х | \$ 0.54   | = | \$ 5.40           |  |
| Your benefit amount  | / Rates per \$  | 51,000 = 1 | lumber of units  |   | Your Rate |   | Your monthly cost |  |

### **VOLUNTARY BENEFITS**

#### VOLUNTARY ACCIDENT COVERAGE

Accidents can occur in an instant, affecting you and your loved ones and when they do, UNUM Accident insurance pays you directly.

| Voluntary Accident – Benefits Highlight   |  |  |  |
|---|--|--|--|
| Accidental Death  | Principal Sum  |  |  |
| Employee<br>Spouse/Domestic Partner<br>Child  | \$75,000<br>\$37,500<br>\$18,750   |  |  |
| Initial Care & Emergency  | Amounts  |  |  |
| Emergency Room<br>Urgent Care Center<br>Initial Physician Office Visit<br>Ambulance   | \$150<br>\$100<br>\$100<br>Up to \$1,200                                       |  |  |
| Specified Injuries  | Amounts  |  |  |
| Fractures<br>Dislocations<br>Lacerations<br>Burns (2 <sup>nd</sup> /3 <sup>rd</sup> Degree)<br>Emergency Dental Repair              | Up to \$5,500<br>Up to \$4,125<br>Up to \$800<br>Up to \$15,000<br>Up to \$450 |  |  |
| Hospital  | Amounts  |  |  |
| Admission   | \$1,000  |  |  |
| ICU Admission (in addition to above)<br>Daily Confinement (Up to 365 days)<br>ICU Confinement (Up to 15 days, in addition to above) | \$1,000<br>\$350 per day<br>\$350 per day                                      |  |  |
| Rehabilitation  | \$350 per day<br>\$150   |  |  |

| Coverage Tier                      | Monthly Premium<br>Amount |
|------------------------------------|---------------------------|
| Employee                           | \$14.35                   |
| Employee + Spouse/Domestic Partner | \$25.19                   |
| Employee + Child(ren)              | \$32.38                   |
| Employee + Family                  | \$43.22                   |

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#### **BE WELL SCREENING BENEFITS**

The voluntary accident and hospital plans include a benefit where covered members can **receive a \$50 benefit** once per year (per plan) for included screenings.

Be Well Screenings include, but are not limited to:

- Cholesterol and Diabetes screenings
- Cancer screenings
- Cardiovascular Function screenings
- Imaging Studies
- Annual Examinations by a Physician
- Immunizations

To receive the benefit, file your claim online with a one-time registration on unum.com, or over the phone. Call 1-800-635-5597 to learn more.

#### VOLUNTARY HOSPITAL CONFINEMENT INDEMNITY

The Voluntary Hospital Confinement Indemnity plan can help enhance your medical coverage when an admission to the hospital occurs.

| Voluntary Hospital Confinement Indemnity - |
|--|
| Benefit Outline                            |

- Hospital Admission Benefit: \$1,000
- ICU Admission (in addition to above): \$1,000
- Daily Stay (up to 365 days): \$150
- ICU Daily Stay (in addition to above): \$150
- Pre-Ex Limit: No coverage for first 12 months if loss occurs due to pre-existing condition.

| Coverage Tier                         | Monthly Premium<br>Amount |  |  |
|---------------------------------------|---------------------------|--|--|
| Employee                              | \$17.98                   |  |  |
| Employee + Spouse/Domestic<br>Partner | \$34.85                   |  |  |
| Employee + Child(ren)                 | \$25.76                   |  |  |
| Employee + Family                     | \$42.63                   |  |  |

Limitations: This benefit outline is for illustrative purposes only. Actual claims paid are subject to maximum allowable charge, frequencies, age limitations, terms, and conditions of the contract.

### **EMPLOYEE ASSISTANCE PROGRAM (EAP)**

Cambridge Management, Inc. and Vaughn Bay Construction provide an Employee Assistance Program (EAP) through Aetna. The EAP offers free and confidential counseling and assistance support situations that may impact your personal or professional life. All Cambridge Management, Inc. and Vaughn Bay Construction employees are automatically covered by the EAP.

#### AETNA EMPLOYEE ASSISTANCE PROGRAM

The Aetna Resources for Living provides free short-term counseling and referrals to help you deal with a variety of issues that can affect you at work or at home, such as:

- Managing stress and anxiety
- Depression
- Parenting
- Alcohol or drug problems
- Coping with grief and loss
- Legal assistance
- Debt management and budgeting
- Elder care options



#### IF YOU VISIT A COUNSELOR

Up to 3 sessions per situation are provided at no charge to you. If more sessions are needed, the EAP professionals can work with your health plan to determine further coverage.

EAP counselors are available to assist you 24 hours a day, seven days a week by calling 888.238.6232. All calls are confidential. When you or a family member contacts the EAP, your call will be answered by a trained professional who will discuss your personal concerns with you and make sure you have access to appropriate resources.

You can go online at: Resourcesforliving.com Username: CMI Password: EAP

#### UNUM EMPLOYEE ASSITANCE PROGRAM

Cambridge Management, Inc. and Vaughn Bay Construction provides an EAP through UNUM with Lifebalance to assist employees and their families with work or personal life concerns. The EAP provides consultation, referrals and educational material and is a confidential service.

To talk with an EAP consultant or schedule an appointment, call 800.854.1446

#### You can also go online at: www.unum.com/lifebalance

## IMPORTANT INFORMATION REGARDING YOUR MEDICAL BENEFITS

#### **NON-NETWORK COSTS**

The amount the plan pays for covered services provided by non-network providers is based on a maximum allowable amount for the specific service rendered. Although your plan stipulates an out-of-pocket maximum for out-of-network services, please note the maximum allowed amount for an eligible procedure may not be equal to the amount charged by your out-of-network provider. Your out-of-network provider may bill you for the difference between the amount charged and the maximum allowed amount. This is called balance billing and the amount billed to you can be substantial. The out-of-pocket maximum outlined in your policy will not include amounts in excess of the allowable charge and other non-covered expenses as defined by your plan. The maximum reimbursable amount for non-network providers can be based on a number of schedules such as a percentage of reasonable and customary or a percentage of Medicare. Contact your claims payer or insurer for more information. The plan document or carrier's master policy is the controlling document, and this Benefit Highlight does not include all of the terms, coverage, exclusions, limitations, and conditions of the actual plan language.

Certain services require authorization like inpatient hospitalization and hospice. There is a penalty of \$500 for failure to obtain preauthorization for out-of-network care.

#### WOMEN'S HEALTH AND CANCER RIGHTS ACT

The Women's Health and Cancer Rights Act of 1998 requires group health plans that provide medical and surgical coverage for mastectomies also provide coverage for reconstructive surgery following such mastectomies in a manner determined in consultation with the attending physician and the patient.

#### Coverage must include:

- All stages of reconstruction of the breast on which the mastectomy has been performed,
- Surgery and reconstruction of the other breast to produce a symmetrical appearance, and
- Prostheses and treatment of physical complications of all stages of mastectomy, including lymphedema.

Benefits for the above coverage are payable on the same basis as any other physical condition covered under the plan, including any applicable deductible and/or copays and co-insurance amounts.

#### **OUT-OF-AREA BENEFITS (PPO PLANS)**

Aetna covers the cost of services based on whether doctors are "in-network" or "out-of-network"; and wants to help you understand how much Aetna pays for your out-of-network care and share how much more you will need to pay for this "out-of-network" care.

You may choose a provider (doctor or hospital) in our network. You may choose to visit an out-of-network provider. If you choose a doctor who is out of network, your health plan may pay some of that doctor's bill. Most of the time, you will pay a lot more money out of your own pocket if you choose to use an out-of-network doctor or hospital.

When you choose out-of-network care, Aetna will limit the amount it will pay. This limit is called the "recognized" or "allowed" amount.

- For doctors and other professionals the amount is based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much we "recognize" depends on the plan you or your employer picks.
- For hospitals and other facilities, the amount is based on what Medicare pays for these services. The government sets the Medicare rate. Exactly how much we "recognize" depends on the plan you or your employer picks.

Your doctor sets his or her own rate to charge you. It may be higher -- sometimes much higher -- than what your plan "recognizes." Your doctor may bill you for the dollar amount that we don't "recognize." You must also pay any copayments, coinsurance, and deductibles under your plan. No dollar amount above the "recognized charge" counts toward your deductible or out-of-pocket maximums. To learn more about how Aetna pays out-of-network benefits visit the Aetna website.

You can avoid these extra costs by getting your care from Aetna's broad network of health care providers. Go to www.aetna.com and click on "Find a Doctor". If you are already a member, sign on to your Navigator member site.

This applies when you choose to get care out of network. When you have no choice (for example: emergency room visit after a car accident, or for other emergency services), Aetna will pay the bill as if you got care in network. You pay cost sharing and deductibles for your in-network level of benefits. Contact us if your provider asks you to pay more. You are not responsible for any outstanding balance billed by your providers for emergency services beyond your cost sharing and deductibles.

### IMPORTANT INFORMATION REGARDING YOUR MEDICAL BENEFITS (CONTINUED)

#### SPECIAL ENROLLMENT RIGHTS

If you are declining enrollment for yourself or your dependents (including your spouse) because of other health insurance or group health plan coverage, you may be able to enroll yourself and your dependents in this plan if you or your dependents lose eligibility for that other coverage (or if the employer stops contributing towards your or your dependents' other coverage). However, you must request enrollment within 60 days after your or your dependents' other coverage ends (or after the employer stops contributing toward the other coverage).

You may also be able to enroll yourself or your dependents in the future if you or your dependents lose health coverage under Medicaid or your state Children's Health Insurance Program, or become eligible for state premium assistance for purchasing coverage under a group health plan, provided that you request enrollment within 60 days after that coverage ends or after you become eligible for premium assistance.

In addition, if you have a new dependent as a result of marriage, birth, adoption, or placement for adoption, you may be able to enroll yourself and your dependents. However, you must request enrollment within 60 days after the marriage, birth, adoption, or placement for adoption. To request special enrollment or obtain more information, contact your Human Resources Department. Refer to your benefit booklet for details.

#### **ORGAN TRANSPLANT**

Organ and bone marrow transplants require pre-authorization with Aetna.

#### HIPAA NOTICE OF PRIVACY PRACTICES REMINDER

HIPAA requires Cambridge Management, Inc. and Vaughn Bay Construction to notify its employees that a privacy notice is available from the Human Resources Department. To request a copy of Cambridge Management, Inc. and Vaughn Bay Construction's Privacy Notice or for additional information, please contact Human Resources at 253.534.7200.

#### **HEALTHCARE REFORM & YOUR BENEFITS**

Cambridge Management, Inc. and Vaughn Bay Construction offers a medical plan option that provides valuable comprehensive coverage that meets the requirements of the healthcare reform law and is intended to be affordable as defined by the law. Also note, it's unlikely that you are eligible for financial help from the government to help you pay for insurance purchased through a Marketplace because you have access to an employer plan that complies with the affordability standard.

#### PATIENT PROTECTION DISCLOSURE NOTICE

Aetna generally allows the designation of a primary care provider. You have the right to designate any primary care provider who participates in our network and who is available to accept you or your family members. Until you make this designation, Aetna designates one for you. For information on how to select a primary care provider, and for a list of the participating primary care providers, contact Aetna listed under "Your Benefits Contacts" in the back of this Guide.

For children, you may designate a pediatrician as the primary care provider.

You do not need prior authorization from Aetna or from any other person (including a primary care provider) in order to obtain access to obstetrical or gynecological care from a healthcare professional in our network who specializes in obstetrics or gynecology. The healthcare professional, however, may be required to comply with certain procedures, including obtaining prior authorization for certain services, following a pre-approved treatment plan, or procedures for making referrals. For a list of participating healthcare professionals who specialize in obstetrics or gynecology, contact the Aetna listed under "Your Benefits Contacts" in the back of this Guide.

#### **PREVENTIVE CARE**

Certain preventive care services must be provided by non-grandfathered group health plans without member cost-sharing (such as deductibles or copays) when these services are provided by a network provider. Please refer to your insurance company for more information. Contact information is listed under "Your Benefits Contacts" in the back of this guide.

### PREMIUM ASSISTANCE UNDER MEDICAID AND THE CHILDREN'S HEALTH INSURANCE PROGRAM (CHIP)

If you or your children are eligible for Medicaid or CHIP and you're eligible for health coverage from your employer, your state may have a premium assistance program that can help pay for coverage, using funds from their Medicaid or CHIP programs. If you or your children aren't eligible for Medicaid or CHIP, you won't be eligible for these premium assistance programs but you may be able to buy individual insurance coverage through the Health Insurance Marketplace. For more information, visit <u>www.healthcare.gov.</u>

If you or your dependents are already enrolled in Medicaid or CHIP and you live in a State listed below, contact your State Medicaid or CHIP office to find out if premium assistance is available.

If you or your dependents are NOT currently enrolled in Medicaid or CHIP, and you think you or any of your dependents might be eligible for either of these programs, contact your State Medicaid or CHIP office or dial <u>1-877-KIDS NOW</u> or <u>www.insurekidsnow.gov</u> to find out how to apply. If you qualify, ask your state if it has a program that might help you pay the premiums for an employer-sponsored plan.

If you or your dependents are eligible for premium assistance under Medicaid or CHIP, as well as eligible under your employer plan, your employer must allow you to enroll in your employer plan if you aren't already enrolled. This is called a "special enrollment" opportunity, and **you must request coverage within 60 days of being determined eligible for premium assistance**. If you have questions about enrolling in your employer plan, contact the Department of Labor at www.askebsa.dol.gov or call 1-866-444-EBSA (3272).

If you live in one of the following states, you may be eligible for assistance paying your employer health plan premiums. The following list of states is current as of January 31, 2022. Contact your State for more information on eligibility –

#### ALABAMA – Medicaid

Website: http://myalhipp.com/ Phone: 1.855.692.5447

#### ALASKA – Medicaid

The AK Health Insurance Premium Payment Program Website: http://myakhipp.com/ Phone: 1.866.251.4861 Email: CustomerService@MyAKHIPP.com Medicaid Eligibility: http://dhss.alaska.gov/dpa/Pages/medicaid/default.aspx

#### **ARKANSAS – Medicaid**

Website: http://myarhipp.com/ Phone: 1.855.MyARHIPP (855.692.7447)

#### **CALIFORNIA – Medicaid**

Website:Health Insurance Premium Payment (HIPP) Program https://www.dhcs.ca.gov/hipp Phone: 916.445.8322 Email: hipp@dhcs.ca.gov

### COLORADO – Health First Colorado (Colorado's Medicaid Program) & Child Health Plan Plus (CHP+)

Health First Colorado Website: https://www.healthfirstcolorado.com/ Health First Colorado Member Contact Center: 1.800.221.3943/ State Relay 711 CHP+: www.colorado.gov/pacific/hcpf/child-health-plan-plus CHP+ Customer Service: 1.800.359.1991/ State Relay 711 Health Insurance Buy-up Program (HIBI): https://www.colorado.gov/pacific/hcpf/health-insurance-buy-program HIBI Customer Service: 1.855.692.6442

#### FLORIDA – Medicaid

Website: https://www.flmedicaidtplrecovery.com/flmedicaidtplrecovery.com/hipp/in dex.html Phone: 1.877.357.3268

#### **GEORGIA – Medicaid**

A HIPP Website: https://medicaid.georgia.gov/health- insurancepremium-payment-program-hipp Phone: 678.564.1162, Press 1 GA CHIPRA Website: https://medicaid.georgia.gov/programs/third-party- liability/childrenshealth-insurance-program-reauthorization- act-2009-chipra Phone: 678.564.1162, Press 2

#### INDIANA – Medicaid

Healthy Indiana Plan for low-income adults 19-64 Website: http://www.in.gov/fssa/hip/ Phone: 1-877-438-4479 All other Medicaid Website: https://www.in.gov/medicaid/ Phone 1-800-457-4584

#### IOWA - Medicaid and CHIP (Hawki)

Medicaid Website: https://dhs.iowa.gov/ime/members Medicaid Phone: 1-800-338-8366 Hawki Website: http://dhs.iowa.gov/Hawki Hawki Phone: 1-800-257-8563 HIPP Website: https://dhs.iowa.gov/ime/members/medicaid- a-to-z/hipp HIPP Phone: 1-888-346-9562

#### KANSAS – Medicaid

Website: https://www.kancare.ks.gov/ Phone: 1-800-792-4884

#### KENTUCKY – Medicaid

Kentucky Integrated Health Insurance Premium Payment Program (KI-HIPP) Website: https://chfs.ky.gov/agencies/dms/member/Pages/kihipp.aspx Phone: 1-855-459-6328 Email: KIHIPP.PROGRAM@ky.gov KCHIP Website: https://kidshealth.ky.gov/Pages/index.aspx Phone: 1-877-524-4718 Kentucky Medicaid Website: https://chfs.ky.gov

#### LOUISIANA – Medicaid

Website: www.medicaid.la.gov or www.ldh.la.gov/lahipp Phone: 1-888-342-6207 (Medicaid hotline) or 1-855-618-5488 (LaHIPP)

#### MAINE – Medicaid

Enrollment Website: https://www.maine.gov/dhhs/ofi/applications-forms Phone: 1-800-442-6003 TTY: Maine relay 711 Private Health Insurance Premium Webpage: https://www.maine.gov/dhhs/ofi/applications-forms Phone: -800-977-6740. TTY: Maine relay 711

#### **MASSACHUSETTS – Medicaid and CHIP**

Website: https://www.mass.gov/masshealth/pa Phone: 1-800-862-4840

### CHIP (CONTINUED)

#### MINNESOTA – Medicaid

Website: https://mn.gov/dhs/people-we-serve/children-andfamilies/health-care/health-care-programs/programs-and- services/otherinsurance.jsp Phone: 1-800-657-3739

MISSOURI – Medicaid

Website:http://www.dss.mo.gov/mhd/participants/pages/hipp.htm Phone: 573-751-2005

MONTANA – Medicaid Website: http://dphhs.mt.gov/MontanaHealthcarePrograms/HIPP Phone: 1-800-694-3084

NEBRASKA – Medicaid Website: http://www.ACCESSNebraska.ne.gov

Phone: 1-855-632-7633 Lincoln: 402-473-7000 Omaha: 402-595-1178

NEVADA – Medicaid Medicaid Website: http://dhcfp.nv.gov Medicaid Phone: 1-800-992-0900

NEW HAMPSHIRE – Medicaid Website: https://www.dhhs.nh.gov/oii/hipp.htm Phone: 603-271-5218 Toll free number for the HIPP program: 1-800-852-3345, ext 5218

#### **NEW JERSEY – Medicaid and CHIP**

Medicaid Website: http://www.state.nj.us/humanservices/ dmahs/clients/medicaid/ Medicaid Phone: 609-631-2392 CHIP Website: http://www.njfamilycare.org/index.html CHIP Phone: 1-800-701-0710

NEW YORK – Medicaid Website: https://www.health.ny.gov/health\_care/medicaid/ Phone: 1-800-541-2831

NORTH CAROLINA – Medicaid Website: https://medicaid.ncdhhs.gov/ Phone: 919-855-4100

NORTH DAKOTA – Medicaid Website: http://www.nd.gov/dhs/services/medicalserv/medicaid/ Phone: 1-844-854-4825

#### **OKLAHOMA – Medicaid and CHIP**

Website: http://www.insureoklahoma.org Phone: 1-888-365-3742

#### **OREGON – Medicaid**

Website: http://healthcare.oregon.gov/Pages/index.aspx http://www.oregonhealthcare.gov/index-es.html Phone: 1-800-699-9075 PENNSYLVANIA – Medicaid Website:

https://www.dhs.pa.gov/Services/Assistance/Pages/HIPP- Program.aspx Phone: 1-800-692-7462

RHODE ISLAND – Medicaid and CHIP Website: http://www.eohhs.ri.gov/ Phone: 1-855-697-4347, or 401-462-0311 (Direct Rite Share Line)

SOUTH CAROLINA – Medicaid Website: https://www.scdhhs.gov Phone: 1-888-549-0820

**SOUTH DAKOTA - Medicaid** 

Website: http://dss.sd.gov Phone: 1-888-828-0059

TEXAS – Medicaid Website: http://gethipptexas.com/ Phone: 1-800-440-0493

#### UTAH – Medicaid and CHIP

Medicaid Website: https://medicaid.utah.gov/ CHIP Website: http://health.utah.gov/chip Phone: 1-877-543-7669

VERMONT- Medicaid Website: http://www.greenmountaincare.org/ Phone: 1-800-250-8427

VIRGINIA – Medicaid and CHIP

Website: https://dhhr.wv.gov/bms/ http://mywvhipp.com/ Medicaid Phone: 304-558-1700 CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699- 8447)

WASHINGTON – Medicaid Website: https://www.hca.wa.gov/ Phone: 1-800-562-3022

WEST VIRGINIA - Medicaid

Website: https://dhhr.wv.gov/bms/ http://mywvhipp.com/ Medicaid Phone: 304-558-1700 CHIP Toll-free phone: 1-855-MyWVHIPP (1-855-699- 8447)

WISCONSIN – Medicaid and CHIP Website: https://www.dhs.wisconsin.gov/badgercareplus/p- 10095.htm Phone: 1-800-362-3002

WYOMING – Medicaid Website: https://health.wyo.gov/healthcarefin/medicaid/programsand-eligibility/ Phone: 1-800-251-1269

To see if any other states have added a premium assistance program since January 31, 2022, or for more information on special enrollment rights, contact either:

#### U.S. Department of Labor

Employee Benefits Security Administration dol.gov/agencies/ebsa 866.444.EBSA (3272) U.S. Department of Health & Human Services Centers for Medicare & Medicaid Services cms.hhs.gov 877.267.2323 (Menu Option 4, Ext. 61565)

### CERTIFICATE OF CREDITABLE PRESCRIPTION DRUG COVERAGE

#### IMPORTANT NOTICE FROM CAMBRIDGE MANAGEMENT, INC. AND VAUGHN BAY CONSTRUCTION ABOUT YOUR PRESCRIPTION DRUG COVERAGE AND MEDICARE

Please read this notice carefully and keep it where you can find it. This notice has information about your current prescription drug coverage with Cambridge Management, Inc. and Vaughn Bay Construction and about your options under Medicare's prescription drug coverage. This information can help you decide whether or not you want to join a Medicare drug plan. If you are considering joining, you should compare your current coverage, including which drugs are covered at what cost, with the coverage and costs of the plans offering Medicare prescription drug coverage in your area. Information about where you can get help to make Keep this Creditable Coverage notice. If you decide to join one of the Medicare drug plans, you may be required to provide a copy of this notice when you join to show whether or not you have maintained creditable coverage and, therefore, whether or not you are required to pay a higher premium (a penalty).

decisions about your prescription drug coverage is at the end of this notice. There are two important things you need to know about your current coverage and Medicare's prescription drug coverage:

- 1. Medicare prescription drug coverage became available in 2006 to everyone with Medicare. You can get this coverage if you join a Medicare Prescription Drug Plan or join a Medicare Advantage Plan (like an HMO or PPO) that offers prescription drug coverage. All Medicare drug plans provide at least a standard level of coverage set by Medicare. Some plans may also offer more coverage for a higher monthly premium.
- 2. Your company has determined that the prescription drug coverage offered by the Aetna is, on average for all plan participants, expected to pay out as much as standard Medicare prescription drug coverage pays and is therefore considered Creditable Coverage. Because your existing coverage is Creditable Coverage, you can keep this coverage and not pay a higher premium (a penalty) if you later decide to join a Medicare drug plan.

#### WHEN CAN YOU JOIN A MEDICARE DRUG PLAN?

You can join a Medicare drug plan when you first become eligible for Medicare and each year from October 15<sup>th</sup> through December 7<sup>th</sup>. However, if you lose your current creditable prescription drug coverage, through no fault of your own, you will also be eligible for a two (2) month Special Enrollment Period (SEP) to join a Medicare drug plan.

### WHAT HAPPENS TO YOUR CURRENT COVERAGE IF YOU DECIDE TO JOIN A MEDICARE DRUG PLAN?

If you decide to join a Medicare drug plan, your current coverage may be affected. Your current coverage pays for other health expenses in addition to prescription drugs. If you enroll in a Medicare prescription drug plan, you and your eligible dependents may still be eligible to receive all of your current health and prescription drug benefits. If you do decide to join a Medicare drug plan and drop your current company coverage, be aware that you and your dependents may be able to get this coverage back by enrolling back into the company benefit plan during the Open Enrollment period under the company benefit plan.

#### WHEN WILL YOU PAY A HIGHER PREMIUM (PENALTY) TO JOIN A MEDICARE DRUG PLAN?

You should also know that if you drop or lose your current coverage with the company and don't join a Medicare drug plan within 63 continuous days after your current coverage ends, you may pay a higher premium (a penalty) to join a Medicare drug plan later. If you go 63 continuous days or longer without creditable prescription drug coverage, your monthly premium may go up by at least 1% of the Medicare base beneficiary premium per month for every month that you did not have that coverage. For example, if you go nineteen months without creditable coverage, your premium may consistently be at least 19% higher than the Medicare base beneficiary premium. You may have to pay this higher premium (a penalty) as long as you have Medicare prescription drug coverage. In addition, you may have to wait until the following October to join.

### CERTIFICATE OF CREDITABLE PRESCRIPTION DRUG COVERAGE (CONTINUED)

### FOR MORE INFORMATION ABOUT THIS NOTICE OR YOUR CURRENT PRESCRIPTION DRUG COVERAGE...

Contact the person listed below for further information. **Note:** You'll get this notice each year. You will also get it before the next period you can join a Medicare drug plan, and if this coverage through the company changes. You also may request a copy of this notice at any time.

### FOR MORE INFORMATION ABOUT YOUR OPTIONS UNDER MEDICARE PRESCRIPTION DRUG COVERAGE...

More detailed information about Medicare plans that offer prescription drug coverage is in the "Medicare & You" handbook. You'll get a copy of the handbook in the mail every year from Medicare. You may also be contacted directly by Medicare drug plans.

#### FOR MORE INFORMATION ABOUT MEDICARE PRESCRIPTION DRUG COVERAGE:

- Visit www.medicare.gov
- Call your State Health Insurance Assistance Program (see the inside back cover of your copy of the "Medicare & You" handbook for their telephone number) for personalized help
- Call 800.MEDICARE (800.633.4227). TTY users should call 877.486.2048.

If you have limited income and resources, extra help paying for Medicare prescription drug coverage is available. For information about this extra help, visit Social Security on the web at www.socialsecurity.gov, or call them at 800.772.1213 (TTY 800.325.0778).

Date: May 1, 2022

Name of Entity/Sender: Cambridge Management, Inc. and Vaughn Bay Construction

Contact--Position/Office: Tracy Jones, Director of Human Resources

Address: 1916 64th Ave West, Tacoma, WA 98466

Phone Number: 253.534.7200

### STATEMENT OF ERISA RIGHTS

As a participant in the Plan, you are entitled to certain rights and protections under the Employee Retirement Income Security Act of 1974 ("ERISA"). ERISA provides that all participants shall be entitled to:

- Examine, without charge, at the Plan Administrator's office and at other specified locations, the documents governing the plan, including the insurance contract and a copy of the latest annual report (Form 5500 Series) if any filed by the Plan with the U.S. Department of Labor and available at the Public Disclosure Room of the Employee Benefits Security Administration.
- Obtain, upon written request to the Plan Administrator, copies of documents governing the operation of the plan, including
  insurance contracts, and copies of the latest annual report (Form 5500 Series) and updated summary plan description. The
  Plan Administrator may make a reasonable charge for the copies.
- Receive a summary of the Plan's annual financial report, if any. The Plan Administrator is required by law to furnish each participant with a copy of this summary annual report, if any.

You have a right to continue healthcare coverage for yourself, spouse, or dependents if there is a loss of coverage under the plan as a result of a qualifying event. You or your dependents may have to pay for such coverage. Review the summary plan description and the documents governing the Plan on the rules governing your COBRA continuation coverage rights.

In addition to creating rights for participants, ERISA imposes duties upon the people who are responsible for operation of the Plan. These people, called "fiduciaries" of the Plan, have a duty to operate the Plan prudently and in the interest of you and other Plan participants and beneficiaries. Fiduciaries who violate ERISA may be removed and required to make good any losses they have caused the Plan.

No one, including the Company or any other person, may fire you or discriminate against you in any way to prevent you from obtaining welfare benefits or exercising your rights under ERISA.

If your claim for a welfare benefit is denied or ignored, in whole or in part, you have a right to know why this was done, to obtain copies of documents relating to the decision without charge, and to appeal any denial, all within certain time schedules.

Under ERISA, there are steps you can take to enforce these rights. For instance, if you request a copy of plan documents or the latest annual report from the Plan Administrator and do not receive them within 30 days, you may file suit in a Federal court. In such a case, the court may require the Plan Administrator to provide the materials and pay you up to \$110 a day until you receive the materials, unless the materials were not sent because of reasons beyond the control of the Plan Administrator. If you have a claim for benefits, which is denied or ignored, in whole or in part, and you have exhausted the claims procedures available to you under the Plan (see your plan document or summary plan description for more detail), you may file suit in a state or Federal court. In addition, if you disagree with the plan's decision or lack thereof concerning the qualified status of a domestic relations order or a medical child support order, you may file suit in Federal court. If it should happen that Plan fiduciaries misuse the Plan's money, or if you are discriminated against for asserting your rights, you may seek assistance from the U.S. Department of Labor, or you may file suit in a Federal court. The court will decide who should pay court costs and legal fees. If you are successful, the court may order the person you have sued to pay these costs and fees. If you lose, the court may order you to pay these costs and fees, for example, if it finds your claim is frivolous.

If you have any questions about your Plan, you should contact the Plan Administrator. If you have any questions about this statement, or your rights under ERISA, or if you need assistance or information regarding your rights under HIPAA, you should contact the nearest office of the Employee Benefits Security Administration, U.S. Department of Labor, listed in your telephone directory or the Division of Technical Assistance and Inquiries, Employee Benefits Security Administration, U.S. Department of Labor, U.S. Department of Labor, 200 Constitution Avenue N.W., Washington, D.C. 20210. You may also obtain certain publications about your rights and responsibilities under ERISA by calling the publications hotline of the Employee Benefits Security Administration.

### YOUR BENEFITS CONTACTS

#### **GALLAGHER BENEFIT ADVOCATES**

Benefit Advocates (a service provided by Gallagher), are available to provide confidential, free help with your insurance needs.

- Help with understanding what is or what isn't covered
- Guidance on claims issues
- Assistance resolving billing errors

You can reach a Benefit Advocate by: Email: at bac.cambridgeproperty@ajg.com Phone: 833.330.9503, 8:00 a.m. - 6:00 p.m. PT Monday - Friday

#### CAMBRIDGE MANAGEMENT, INC. AND VAUGHN BAY CONSTRUCTION HUMAN RESOURCES:

Cambridge Management, Inc.: hr@cmiweb.net Vaughn Bay Construction: hr@vaughnbay.net Phone: 253.534.7200

| Benefit                                | Administrator | Group<br>Number | Contact Information                                  |              | Website   |
|--|---------------|-----------------|--|--------------|---|
|  |               |                 | Customer Service                                     | 877.869.4077 |   |
| Madiaal/DX                             | Aetna         | 0169731         | Nurseline  | 800.556.1555 | www.Aetna.com   |
| Medical/RX                             | Aetna         | 0109731         | Prescription Customer<br>Service/Mail Order Pharmacy | 888.792.3862 | www.Aetna.com   |
| Dental                                 | Aetna         | 0169731         | Customer Service                                     | 877.204.9186 | www.Aetna.com   |
| Vision                                 | EyeMed        | 1016954         | Customer Service                                     | 866.723.0513 | www.Eyemed.com  |
| Life/AD&D,                             |               | 836446/         | Customer Service                                     | 800.445.0402 |   |
| Voluntary<br>Life/AD&D                 | UNUM          | 910248          | Portability/Conversion                               | 800.434.5406 | www.UNUM.com  |
| Long Term<br>Disability                | UNUM          | 836446          | Disability Claims (LTD and STD)                      | 877.851.7637 | www.UNUM.com  |
| Voluntary STD                          | UNUM          | 837168          | Customer Services                                    | 866.679.3054 |   |
| Employee<br>Assistance<br>Program      | Aetna         | 0169731         | 24/7 Support   | 888.238.6232 | Resourceforliving.com<br>Username: CMI<br>Password: EAP |
| Employee<br>Assistance<br>Program      | UNUM          |                 | 24/7 Support   | 800.854.1446 | www.unum.com/lifebalance                                |
| Accident/Hospital/<br>Critical Illness | UNUM          |                 | Claim Support  | 800.635.5597 | www.UNUM.com  |

### **KEY TERMS**

#### **BRAND NAME PRESCRIPTION DRUG**

A prescription drug that is sold under a trademarked name. An equivalent generic drug may or may not be available at lower cost, depending on whether the patent on the brand name drug has expired.

#### COPAY

A flat dollar amount you pay for a medical service.

#### COINSURANCE

The percentage of the charges you are responsible for paying. For example, the plan pays 80% and you pay 20%.

#### DEDUCTIBLE

This is the amount you pay before your plan begins covering expenses not subject to a copay.

#### **EXPLANATION OF BENEFITS**

The statement you receive from your insurance company detailing how much the provider billed, how much (if any) the plan paid, and the amount that you owe the provider (if any).

#### **GENERIC PRESCRIPTION DRUG**

A prescription drug made and distributed after the brand name drug patent has expired, and available at a lower cost than brand name prescriptions.

#### **OUT-OF-POCKET (OOP) MAXIMUM**

The most you pay in a calendar year for covered medical services. Once the OOP maximum is met, the plan will pay 100% of the allowed amount for the remainder of the calendar year for covered services.

#### **IN-NETWORK**

Services from a provider or facility that is contracted with the insurance company. In-network providers agree to accept set fees for covered medical services and not bill you for any amounts over those fees. In-network providers also agree to bill the insurance company directly, so you will not have to pay up front and submit your own claims to the insurance company.

#### **OUT-OF-NETWORK**

Services from a provider or facility that is not contracted with the insurance company. If you receive services out-of-network, then you will typically have a higher coinsurance and you will be responsible for the difference between the provider's billed charge and the allowable charge.

#### **PREVENTIVE CARE**

Measures taken to prevent diseases. This includes routine cancer screenings, exams and certain drugs and immunizations. Most preventive care is covered-in-full by the plan, with no cost to you.

### NOTES

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This benefit summary prepared by:



Insurance | Risk Management | Consulting

#### Please note:

This document is an outline of the coverage proposed by the carrier(s), based on information provided by your company. It does not include all the terms, coverages, exclusions, limitations, and conditions of the actual contract language. The policies themselves must be read for those details. The intent of this document is to provide you with general information about your employee benefit plans. It does not necessarily address all the specific issues which may be applicable to you. It should not be construed as, nor is it intended to provide, legal advice. Questions regarding specific issues should be directed to your Human Resources/Benefits Department.